

	<p>In February 2020 Dr Smita Joshi (Consultant psychiatrist) met with Robin and his wife June at Nicholson House for the initial assessment appointment. During this appointment Robin reported to Dr Joshi that once again he decided to discontinue the Olanzapine completely in December.</p> <p>He also reported being very good and having noticed a significant improvement in himself since coming off the Olanzapine, adding to that he also reported that, he had gone through a similar process 5 years ago but much sooner – within just 2 weeks of discharge from hospital whereas this time he stayed on the recommended dose for 4 months after discharge.</p> <p>Although Robin had initially agreed with June about a need to restart Olanzapine at a lower dose, he then told us that he will wait for Dr Joshi's letter which Robin will then send over to other people in his online community for expert advice and then have a meeting with his GP who will be the one to say whether or not he should start the medication.</p> <p>Following Robin's appointment with Dr Joshi, I met with him at his home address and we discussed again about restarting the medication. Robin had reported that he has decided not to take any medication.</p> <p>He has been considerably stable for over a year now, with limited intervention from mental health team. Considering his situation, and engagement thus far, the team has agreed to proceed with his discharge. In the future when Robin feels prepared and able to engage in the treatment offered, you can rerefer him to the service. Meanwhile if Robin feels there is an increase in his risks, he understands he should not hesitate to contact CRHTT on 03003659999.</p>
Prescribed Medication:	Olanzapine 10mg (not been compliant since 2019 December).
Allergies:	No known
Risk Factors & Relapse Signs:	Risk of relapse: Medium
Date of Discharge:	22/06/2021
Discharge Plan:	Robin and June has been offered the details of emergency contact numbers to contact in case of emergency.
Other Teams and Agencies Involved:	Discharged back to the care of GP.