

WAM Community Mental Health Team  
Nicholson House  
Nicholson Walk  
Maidenhead  
Berkshire  
SL6 1LD

**PRIVATE AND CONFIDENTIAL**

Lightwater Surgery  
39 All Saints Rd  
Lightwater  
GU18 5SQ

Tel: 01628 640200

Date: 16/07/2021

To whom it may concern,

**DISCHARGE FROM WAM CARE PATHWAYS TEAM**

<b>Client Name &amp; NHS Number:</b>	Robin Leonard Lovelock NHS: 446 672 1637 DOB: 25 <sup>th</sup> May 1947 (74years)
<b>Diagnosis / Working Diagnosis:</b>	Bipolar Affective Disorder
<b>Progress with CMHT:</b>	<p>On 22<sup>nd</sup> of June 2021 my colleague Andrew Smith and myself visited Robin to meet with him and his wife June Lovelock, at their home address. During this visit we discussed about his discharge from the WAM-CMHT services and he stated he is ok with the plan.</p> <p>In 2019 following his relapse in mental health he was offered a treatment to help him recover at mental health hospital. He was referred to care coordination and medication review with consultant psychiatrist following his discharge to community from mental health hospital.</p> <p>My role in his care was to monitor his mental health and sign post him to the right services to help him with recovery. During this period, I discussed with him about Bipolar relapse prevention group which is organized by our IPT team, and advised it might benefit him to get an understanding about his diagnosis and how he can minimise the risk of relapsing in the future. He reported that he isn't ready to attend this group session.</p>