



Berkshire Healthcare
NHS Foundation Trust



Adults Community Mental Health Team
Windsor & Maidenhead
Nicholsons House, 4th Floor
Nicholsons Walk
Maidenhead SL6 1LD
Tel: 01628 640200
CC; GP

To,

Mr. Robin Leonard Lovelock
22 Armitage Court
Sunninghill Ascot
Berkshire SL5 9TA

Dear Robin,

Kindly accept my apologies for delay in posting the discharge summary. On 22nd of June 2021 my colleague Andrew Smith and myself visited you to meet with you and your wife June, at your home address. During this visit we discussed about your discharge from the WAM-CMHT services and you stated you are ok with the plan.

In 2019 following your relapse in your mental health you were offered a treatment to help you recover at mental health hospital. You were referred to care coordination and medication review with consultant psychiatrist following your discharge to community from mental health hospital.

My role in your care was to monitor your mental health and sign post you to right services to help you with recovery. During this period, I discussed with you about Bipolar relapse prevention group which is organized by our IPT team, and advised it might benefit you to get an understanding about your diagnosis and how you can minimise the risk of relapsing in the future. You reported that you aren't ready to attend this group session.

In February 2020 Dr Smita Joshi (Consultant psychiatrist) met with you and your wife June at Nicholson House for the initial assessment appointment. During this appointment you reported Dr Joshi that once again you decided to discontinue the Olanzapine completely in December.



Berkshire Healthcare and Optalis are working together to provide health and social care in Windsor, Maidenhead and Wokingham.

Optalis is a local authority trading company owned by and delivering adult social care on behalf of the Royal Borough of Windsor and Maidenhead and Wokingham Borough Council.